LESSON 3

Get a Virtual Assistant coach or mentor as soon as you can. They can help you strategize how to grow a healthy business, as well as avoid pitfalls that lose you money.



Get into a coaching *mindset* even if your budget doesn't allow you to work with a coach at this time.

	3 VA blogs you're currently reading. If your list is short, do some research,
men	complete this list.
1	
2	
3	
Write about the appeal of these blogs and how you think they will help you in your business.	
List 3 VA podcasts you're currently listening to. If your list is short, do some research, then complete this list.	
Write about the appeal of these podcasts and how you think they will help you in your business.	

Write the name of a VA coach or thought leader you follow.
What is their appeal? What do you think you can learn from this person?
Write the name of a second VA coach or thought leader you follow.
What is their appeal? What do you think you can learn from this person?
Write the name of a third VA coach or thought leader you follow.
What is their appeal? What do you think you can learn from this person?